History taking station:

**A 23 year old young female has arrived to the ER complaining of Feeling of hotness, talk to her in regards to her complaint.**

|  |  |
| --- | --- |
| **Steps (total 25)** | **Check if done** |
| Introduce him/her self, ask for permission, and ensure conversation is private | **** |
| **skip taking patient profile** |  |
| Specify what patient mean by feeling of hotness | **** |
| **duration** | **** |
| If measured body temperature at home or not | **** |
| **Onset**; acute vs chronic | **** |
| **Progression**; fluctuating or constant | **** |
| Associated; **rigors or chills** | **** |
| Associated **pain**; in the ears, head, neck, teeth, chest, abdomen, flank, rectum, muscles, joints | **** |
| Associated **nasal congestion** or discharge | **** |
| Associated sore throat, or dysphagia |  |
| Associated **cough** | **** |
| Associated **diarrhea** | **** |
| Associated **urinary** symptoms; frequency, urgency, dysurea | **** |
| Presence of **rash**; including location, onset in relation to fever | **** |
| Associated **lumps**; lymphadenopathy | **** |
| **B symptoms**; night sweats, weight loss | **** |
| Previous history of **recurrent fever** | **** |
| **Contact** to sick people at home or school | **** |
| **Eating** outside home or under cooked food |  |
| Past history of **recent surgery** | **** |
| Past **medical history** of diabetes, rheumatological diseases, sickle cell, hepatitis, HIV | **** |
| Recent **travel**  | **** |
| **Drug** history; cocaine, amphetamine, phenytoin, carbamazepine, corticosteroids …etc | **** |
| **vaccination** | **** |
| Thank the patient | **** |

History taking station:

**a 65 year old male has visited your clinic complaining of Lower limb swelling, ask him relevant questions to reach a diagnosis**

|  |  |
| --- | --- |
| **Steps (total 28 points)** | **Check if done** |
| Introduce him/her self, ask for permission, and ensure conversation is private | **** |
| **skip taking patient profile** |  |
| Specify what patient mean by LL swelling | **** |
| **duration** | **** |
| **Site**; unilateral or bilateral | **** |
| **Extent**; up to what level | **** |
| **Onset**; acute vs chronic | **** |
| **Progression**; Throughout the day , with activity, Lying or standing | **** |
| **Associated** symptoms; Pain , itching | **** |
| **Other site**; Periorbital, Abdomen, Genitalia, Back, Hands, … etc | **** |
| Inquire about **local causes**;1. Trauma
2. DVT; calf tenderness, previous Hx of DVT, immobilization, recent surgery
3. Cellulites: fever,redness,hotness,tenderness,shiny skin,site of entry
4. Joint disease: swelling, pain, hotness, redness, ↓ROM, skin rash
5. Venous obstruction; pelvic tumor, IVC obstruction , AV fistula
6. Lymphedema
 | ************************ |
| Inquire about **systemic causes**;1. CHF: SOB, PND, chest pain
2. Liver disease: jaundice, itchiness , abdominal distention , anorexia, GI bleeding, dilated veins, vomiting , diarrhea, easily bruising
3. Renal disease; polyurea, frequency, dysurea, Hx of HTN or DM
4. Malnutrition
5. Hypothyroidism: weight gain , decreased appetitie, cold intolerance
6. Drugs & Allergy: cortisol , NSAIDs, CCB, … etc
 | ************************ |
| Previous history of leg swelling | **** |
| past medical history of **DM** | **** |
| past medical history of **HTN** | **** |
| **Smoking** status | **** |
| **Alcohol** intake status | **** |
| **Drugs** | **** |
| Thank the patient | **** |